Homework Tips for Parents

* Set a routine. Structure it so that it is at the same time each day and it is a predictable routine. Be consistent!
* Establish rules. (No phone calls, friends, no stereo, no TV)
* Avoid and reduce distractions.
* Make sure there is sufficient lighting.
* Provide a sugar-free snack or water.
* Guide your child to find his/her own answers.
* Make a homework supply kit and keep it in the same place each day. Get all resources ahead of time.
* Use a calendar for project due dates.
* Use an index card for a supply list and keep it in the front pocket of their book bag to set out each night.
* Use color coded notebooks or folders for each subject.
* Have children often take short breaks.
* Use a visual timer.
* Chunk assignments.
* Praise your child for completing his/her homework.
* Show an interest in your child’s homework. Be POSITIVE!
* Set good examples. Read with them.
* Use real world examples or connections any chance you get.
* Attend teacher conferences. Find out how your child is being taught in math and what resources you may use to help your child. Teaching your child shortcuts may confuse them.
* Do the toughest homework first when your child is alert.

Reference

Richards,Regina G., Tool Kit for Parents: Being an Efficient Homework Helper, 2004.